

blooming together

mums & bubs

Are you pregnant?

**Have you recently
had a baby?**

Are you plus-size?

Blooming Together

Mums & Bubs is a monthly group where new mums and their babies can meet with health professionals to receive expert nutrition and lifestyle advice for mum, baby, and family.

If you are currently pregnant and are plus size, this group may be for you.

Monthly groups
for plus-size
women

FREE and
locally based

The Program
starts after baby
is born

**If you are interested in participating, please contact
our research team via the details below**

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